Don't Settle

Don't Settle For Worry

Luke 12:22-23 Then Jesus said to his disciples: "Therefore I tell you, do not worry about your life, what you will eat; or about your body, what you will wear.²³ Life is more than food, and the body more than clothes. (NIV)

1. Worry devalues your worth

Luke 12:24 Consider the ravens: They do not sow or reap, they have no storeroom or barn; yet God feeds them. And how much more valuable you are than birds! (NIV)

2. Worry devalues God's faithfulness

Luke 12:28 If that is how God clothes the grass of the field, which is here today, and tomorrow is thrown into the fire, how much more will he clothe you—you of little faith! (NIV)

3. Worry does not work

Luke 12:25–26 Who of you by worrying can add a single hour to your life? ²⁶ Since you cannot do this very little thing, why do you worry about the rest? (NIV)

3 Keys To Winning Over Worry

1. Plan instead of worry

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Proverbs 21:5 Good planning and hard work lead to prosperity, but hasty shortcuts lead to poverty. (NLT)

- 1. Discover where you are financially
- 2. Involve your spouse
- 3. Set a goal
- 4. Assess needs verses wants

- 5. Establish a budget
- 6. Keep \$1000 in an emergency fund
- 7. Pay down debt smallest to largest
- 8. Savings account
- 9. Retirement
- 10. Life insurance
- 11. Enlist the help of godly mentors
- 12. Take it one day at a time

Proverbs 13:11 Dishonest money dwindles away, but whoever gathers money little by little makes it grow. (NIV)

2. Guard your heart instead of worrying

Luke 12:29-30 And do not set your heart on what you will eat or drink; do not worry about it. ³⁰ For the pagan world runs after all such things, and your Father knows that you need them. (NIV)

Luke 12:15 Then he said to them, "Watch out! Be on your guard against all kinds of greed; life does not consist in an abundance of possessions." (NIV)

Hebrews 13:5 Don't love money; be satisfied with what you have. For God has said, "I will never fail you. I will never abandon you." (NLT)

1 Timothy 6:6–10 But godliness with contentment is great gain. (NIV)

3. Worship instead of worry

Luke 12:31 But seek his kingdom, and these things will be given to you as well. (NIV)