

# **GOD, LOVE & SEX**

## *Help, My Marriage Stinks, Pt. 2*

### **6 Steps To A Marriage Makeover**

#### **1. A – Accept responsibility for your part**

Ephesians 5:22 You wives must submit to your husbands' leadership in the same way you submit to the Lord. (TLB)

Ephesians 5:25 And you husbands, show the same kind of love to your wives as Christ showed to the Church when he died for her (TLB)

#### **2. B – Believe God can change your marriage**

Romans 4:17 As it is written: "I have made you a father of many nations." He is our father in the sight of God, in whom he believed - the God who gives life to the dead and calls things that are not as though they were. (NIV)

Matthew 19:26 Jesus looked at them intently and said, "Humanly speaking, no one. But with God, everything is possible." (TLB)

#### **3. C – Commit to doing whatever it takes**

Matthew 19:6 So they are no longer two, but one. Therefore what God has joined together, let man not separate." (NIV)

#### **4. D – Deal with unresolved hurt**

James 5:16 Admit your faults to one another and pray for each other so that you may be healed. The earnest prayer of a righteous man has great power and wonderful results. (TLB)

Colossians 3:13 Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you. (NIV)

#### **5. E – Enlist support from others**

Galatians 6:2 Carry each other's burdens, and in this way you will fulfill the law of Christ. (NIV)

Proverbs 19:20 Listen to advice and accept instruction, and in the end you will be wise. (NIV)

#### **6. F – Focus on trusting Jesus**

Psalms 62:8 Trust in him at all times, O people; pour out your hearts to him, for God is our refuge. (NIV)

Ecclesiastes 4:12 Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken. (NIV)

### **CG Questions**

1. How do you accept responsibility for your part in the marriage relationship?
2. Why do people stop believing that God can do the impossible in their marriage?
3. What does it mean to be committed to doing whatever it takes?
4. How should we deal with unresolved hurt in our marriages?
5. Why is it important for us to enlist the support of others?