

GOD, LOVE & SEX

Bringing SEXy Back

1. Great sex was created by God

Genesis 1:27-28 So God created man in his own image, in the image of God he created him; male and female he created them. ²⁸ God blessed them and said to them, "Be fruitful and increase in number; fill the earth and subdue it. Rule over the fish of the sea and the birds of the air and over every living creature that moves on the ground." (NIV)

Genesis 1:31 God saw all that he had made, and it was very good. And there was evening, and there was morning—the sixth day. (NIV)

2. Great sex happens in a great marriage

Proverbs 5:18-19 Be happy, yes, rejoice in the wife of your youth. ¹⁹ Let her breasts and tender embrace satisfy you. Let her love alone fill you with delight. (TLB)

Proverbs 6:27-29 Can a man scoop fire into his lap without his clothes being burned? ²⁸ Can a man walk on hot coals without his feet being scorched? ²⁹ So is he who sleeps with another man's wife; no one who touches her will go unpunished. (NIV)

3. Great sex happens with great communication

1 Corinthians 7:3 The husband should fulfill his marital duty to his wife, and likewise the wife to her husband. (NIV)

Proverbs 13:17 An unreliable messenger can cause a lot of trouble. Reliable communication permits progress. (TLB)

4. Great sex happens with great courtship

Revelation 2:4-5 Yet I hold this against you: You have forsaken your first love. ⁵ Remember the height from which you have fallen! Repent and do the things you did at first. If you do not repent, I will come to you and remove your lamp stand from its place. (NIV)

Song Of Solomon 4:1-3 "How beautiful you are, my love, how beautiful! Your eyes are those of doves. Your hair falls across your face like flocks of goats that frisk across the slopes of Gilead. ² Your teeth are white as sheep's wool, newly shorn and washed; perfectly matched, without one missing. ³ Your lips are like a

thread of scarlet - and how beautiful your mouth. Your cheeks are matched loveliness behind your locks.” (TLB)

Song Of Solomon 4:7 You are so beautiful, my love, in every part of you. (TLB)

Song Of Solomon 5:10-16 “My beloved one is tanned and handsome, better than ten thousand others! ¹¹ His head is purest gold, and he has wavy, raven hair. ¹² His eyes are like doves beside the water brooks, deep and quiet. ¹³ His cheeks are like sweetly scented beds of spices. His lips are perfumed lilies, his breath like myrrh. ¹⁴ His arms are round bars of gold set with topaz; his body is bright ivory encrusted with jewels. ¹⁵ His legs are as pillars of marble set in sockets of finest gold, like cedars of Lebanon; none can rival him. ¹⁶ His mouth is altogether sweet, lovable in every way. Such, O women of Jerusalem, is my beloved, my friend.” (TLB)

5. Great sex happens when both spouses focus on one another’s needs

1 Corinthians 7:4-5 The wife’s body does not belong to her alone but also to her husband. In the same way, the husband’s body does not belong to him alone but also to his wife. ⁵ Do not deprive each other except by mutual consent and for a time, so that you may devote yourselves to prayer. Then come together again so that Satan will not tempt you because of your lack of self-control. (NIV)

CG Questions

NOTE: We encourage your Community Group to split into men and women groups to discuss this subject.

1. Why does great sex happen in great marriages?
2. Why is it important for married couples to talk about the area of sex?
3. Why is it important for married couples to still court one another?
4. How can you improve your communication and courtship in your marriage?