## **CONFESSIONS OF A PASTOR**

Confessions

## 1. Confession leads to healing.

1 John 1:9 But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness. (NLT)

## 2. Confession leads to having a healthy support system.

James 5:16 Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective. (NIV)

## **Community Group Questions**

- 1. From this past Sunday which confession impacted you the most and why?
- 2. What is the hardest part or biggest hindrance in making a confession?
- 3. Why is having a healthy support system important in making a confession and growing spiritually?