

BLESSED

Don't Worry, Be Happy

Matthew 5:3-11 "Blessed are the poor in spirit, for theirs is the kingdom of heaven. ⁴ Blessed are those who mourn, for they will be comforted. ⁵ Blessed are the meek, for they will inherit the earth. ⁶ Blessed are those who hunger and thirst for righteousness, for they will be filled. ⁷ Blessed are the merciful, for they will be shown mercy. ⁸ Blessed are the pure in heart, for they will see God. ⁹ Blessed are the peacemakers, for they will be called sons of God. ¹⁰ Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven. ¹¹ Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me." (NIV84)

1. Strength under control

Romans 6:20-22 When you were slaves to sin, you were free from the control of righteousness. ²¹ What benefit did you reap at that time from the things you are now ashamed of? Those things result in death! ²² But now that you have been set free from sin and have become slaves to God, the benefit you reap leads to holiness, and the result is eternal life. (NIV84)

2. Meekness means we are gentle

Matthew 11:28-29 "Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. (NIV84)

Galatians 5:22-23 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness and self-control. Against such things there is no law. (NIV84)

1 Timothy 6:11 But you, man of God, flee from all this, and pursue righteousness, godliness, faith, love, endurance and gentleness. (NIV84)

Colossians 3:12 Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. (NIV84)

Ephesians 4:1-2 As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. ² Be completely humble and gentle; be patient, bearing with one another in love. (NIV84)

Philippians 4:5 Let your gentleness be evident to all. The Lord is near. (NIV84)

Proverbs 15:1 A gentle answer turns away wrath, but a harsh word stirs up anger. (NIV84)

Proverbs 25:15 Through patience a ruler can be persuaded, and a gentle tongue can break a bone. (NIV84)

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Proverbs 18:12 Before his downfall a man's heart is proud, but humility comes before honor. (NIV84)

Community Group Questions to come

1. What does it mean to be meek? How do we live with our strength under God's control? What are the benefits of living a meek life?
2. Why is gentleness not valued in our society today? Do you value gentleness in your life? How?
3. How do we live a humble life?