

# BLESSED

## *Walk This Way*

Psalms 1:1-3 Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; <sup>2</sup> but his delight is in the law of the Lord, and on his law he meditates day and night. <sup>3</sup> He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers. (ESV)

### 1. Connect with God's Word

Psalms 1:2 But his delight is in the law of the Lord, and on his law he meditates day and night. (ESV)

Genesis 39:6b-12 Joseph was a very handsome and well-built young man, <sup>7</sup> and Potiphar's wife soon began to look at him lustfully. "Come and sleep with me," she demanded. <sup>8</sup> But Joseph refused. "Look," he told her, "my master trusts me with everything in his entire household. <sup>9</sup> No one here has more authority than I do. He has held back nothing from me except you, because you are his wife. How could I do such a wicked thing? It would be a great sin against God." <sup>10</sup> She kept putting pressure on Joseph day after day, but he refused to sleep with her, and he kept out of her way as much as possible. <sup>11</sup> One day, however, no one else was around when he went in to do his work. <sup>12</sup> She came and grabbed him by his cloak, demanding, "Come on, sleep with me!" Joseph tore himself away, but he left his cloak in her hand as he ran from the house. (NLT)

Romans 6:16b You can be a slave to sin, which leads to death. (NLT)

Isaiah 1:18 "Come now, let us reason together, says the Lord: though your sins are like scarlet, they shall be as white as snow; though they are red like crimson, they shall become like wool. (ESV)

### 2. Connect with God's People

## 4 Types of People

### 1. A Ruth

Ruth 1:16-17 But Ruth replied, "Don't ask me to leave you and turn back. Wherever you go, I will go; wherever you live, I will live. Your people will be my people, and your God will be my God. <sup>17</sup> Wherever you die, I will die, and there I will be buried. May the Lord punish me severely if I allow anything but death to separate us!" (NLT)

Galatians 6:2a Share each other's burdens. (NLT)

## **2. A Barnabas**

Acts 4:36 For instance, there was Joseph, the one the apostles nicknamed Barnabas (which means "Son of Encouragement"). He was from the tribe of Levi and came from the island of Cyprus. (NLT)

1 Thessalonians 5:11 So encourage each other and build each other up, just as you are already doing. (NLT)

Proverbs 18:21a The tongue can bring death or life. (NLT)

## **3. A Nathan**

2 Samuel 12:1-7 So the Lord sent Nathan the prophet to tell David this story: "There were two men in a certain town. One was rich, and one was poor. <sup>2</sup>The rich man owned a great many sheep and cattle. <sup>3</sup>The poor man owned nothing but one little lamb he had bought. He raised that little lamb, and it grew up with his children. It ate from the man's own plate and drank from his cup. He cuddled it in his arms like a baby daughter. <sup>4</sup>One day a guest arrived at the home of the rich man. But instead of killing an animal from his own flock or herd, he took the poor man's lamb and killed it and prepared it for his guest." <sup>5</sup>David was furious. "As surely as the Lord lives," he vowed, "any man who would do such a thing deserves to die! <sup>6</sup>He must repay four lambs to the poor man for the one he stole and for having no pity." <sup>7</sup>Then Nathan said to David, "You are that man! (NLT)

## **4. A Timothy**

1 Timothy 1:2 I am writing to Timothy, my true son in the faith. (NLT)

Acts 20:35b You should remember the words of the Lord Jesus: 'It is more blessed to give than to receive. (NLT)

## **Community Group Questions**

1. What does it mean to "walk in the counsel" of someone or something? Who have been the influential people in your life, good or bad?
2. What are some of the common lies people believe about sin? Why do so many people fall victim to these lies?

3. How does reading and studying the Word of God help us to walk in His counsel? How can we “delight” in the Word of God more in our lives?
4. Who has been a “Ruth” in your life (someone who has stuck with you)? Who has been a “Barnabas” in your life (an encourager)? How can we better be a Barnabas for others? Who has been a “Nathan” to you (one who tells you what you need to hear), and why is this person so important? Who has been a “Timothy” in your life (someone you pour into)? What can we do to pour into others more frequently?