

# REFOCUS

## *Change*

*Shelby Johnson – Care Director*

Genesis 1:26 “Then God said, ‘Let us make human beings in our image, to be like us.’” (NLT)

Ephesians 4:21-24 “Since you have heard about Jesus and have learned the truth that comes from him,<sup>22</sup> throw off your old sinful nature and your former way of life, which is corrupted by lust and deception.<sup>23</sup> Instead, let the Spirit renew your thoughts and attitudes.<sup>24</sup> Put on your new nature, created to be like God—truly righteous and holy.” (NLT)

### **1. Doubt**

Proverbs 3:5 “Trust in the LORD with all your heart and lean not on your own understanding.” (NIV)

Philippians 1:6 And I am certain that God, who began the good work within you, will continue His work until it is finish on the day when Christ Jesus returns. (NLT)

### **2. Pride**

Romans 12:3 Because of the privilege and authority God has given me, I give each of you this warning: Don’t think you are better than you really are. Be honest in your evaluation of yourselves, measuring yourselves by the faith God has given us. (NLT)

James 5:16 Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective. (NIV)

### **3. Your environment**

1 Corinthians 15:33 “Do not be misled: ‘Bad company corrupts good character.’” (NIV)

## **Community Group Questions**

1. Why does God want us to become a new person?
2. How can doubt hinder our change? How does scripture help us in our time of doubt?
3. How can pride hinder our change? How does confessing our faults rid us of pride?
4. How can our environment hinder our change? How does hanging around godly people, who are allowing God to change them, help us?