## **NEW YOU**

# You Can Change

Mark 5:2-5 When Jesus got out of the boat, a man with an evil spirit came from the tombs to meet him. <sup>3</sup> This man lived in the tombs, and no one could bind him any more, not even with a chain. <sup>4</sup> For he had often been chained hand and foot, but he tore the chains apart and broke the irons on his feet. No one was strong enough to subdue him. <sup>5</sup> Night and day among the tombs and in the hills he would cry out and cut himself with stones. (NIV84)

#### 1. It's hard to become a new you

#### 2. Jesus came to where he was

Mark 4:35 That day when evening came, he said to his disciples, "Let us go over to the other side." (NIV84)

Mark 5:1-2 They went across the lake to the region of the Gerasenes. <sup>2</sup> When Jesus got out of the boat, a man with an evil spirit came from the tombs to meet him. (NIV84)

### 3. Jesus can change you

Mark 5:15-16 When they came to Jesus, they saw the man who had been possessed by the legion of demons, sitting there, dressed and in his right mind; and they were afraid. <sup>16</sup> Those who had seen it told the people what had happened to the demon-possessed man — and told about the pigs as well. (NIV84)

Romans 6:1-4 Well then, should we keep on sinning so that God can show us more and more of his wonderful grace? <sup>2</sup> Of course not! Since we have died to sin, how can we continue to live in it? <sup>3</sup> Or have you forgotten that when we were joined with Christ Jesus in baptism, we joined him in his death? <sup>4</sup> For we died and were buried with Christ by baptism. And just as Christ was raised from the dead by the glorious power of the Father, now we also may live new lives. (NLT)

Romans 6:6-7 We know that our old sinful selves were crucified with Christ so that sin might lose its power in our lives. We are no longer slaves to sin. <sup>7</sup> For when we died with Christ we were set free from the power of sin. (NLT)

Romans 6:12-14 Do not let sin control the way you live; do not give in to sinful desires. <sup>13</sup> Do not let any part of your body become an instrument of evil to serve sin. Instead, give yourselves completely to God, for you were dead, but now you

have new life. So use your whole body as an instrument to do what is right for the glory of God. <sup>14</sup> Sin is no longer your master, for you no longer live under the requirements of the law. Instead, you live under the freedom of God's grace. (NLT)

Mark 5:2-20 When Jesus got out of the boat, a man with an evil spirit came from the tombs to meet him. <sup>3</sup> This man lived in the tombs, and no one could bind him any more, not even with a chain. <sup>4</sup> For he had often been chained hand and foot, but he tore the chains apart and broke the irons on his feet. No one was strong enough to subdue him. <sup>5</sup> Night and day among the tombs and in the hills he would cry out and cut himself with stones. <sup>6</sup> When he saw Jesus from a distance, he ran and fell on his knees in front of him. <sup>7</sup> He shouted at the top of his voice, "What do you want with me, Jesus, Son of the Most High God? Swear to God that you won't torture me!" 8 For Jesus had said to him, "Come out of this man, you evil spirit!" <sup>9</sup> Then Jesus asked him, "What is your name?" "My name is Legion," he replied, "for we are many." <sup>10</sup> And he begged Jesus again and again not to send them out of the area. <sup>11</sup> A large herd of pigs was feeding on the nearby hillside. 12 The demons begged Jesus, "Send us among the pigs; allow us to go into them." <sup>13</sup> He gave them permission, and the evil spirits came out and went into the pigs. The herd, about two thousand in number, rushed down the steep bank into the lake and were drowned. <sup>14</sup> Those tending the pigs ran off and reported this in the town and countryside, and the people went out to see what had happened. <sup>15</sup> When they came to Jesus, they saw the man who had been possessed by the legion of demons, sitting there, dressed and in his right mind; and they were afraid. <sup>16</sup> Those who had seen it told the people what had happened to the demon-possessed man — and told about the pigs as well. <sup>17</sup> Then the people began to plead with Jesus to leave their region. <sup>18</sup> As Jesus was getting into the boat, the man who had been demon-possessed begged to go with him. <sup>19</sup> Jesus did not let him, but said, "Go home to your family and tell them how much the Lord has done for you, and how he has had mercy on you." <sup>20</sup> So the man went away and began to tell in the Decapolis how much Jesus had done for him. And all the people were amazed. (NIV84)