

Lifesuckers

The Bully

1. Mean people are mean for a reason

1 Samuel 16:1 Now the Lord said to Samuel, “You have mourned long enough for Saul. I have rejected him as king of Israel, so fill your flask with olive oil and go to Bethlehem. Find a man named Jesse who lives there, for I have selected one of his sons to be my king.” (NLT)

1 Samuel 18:6–9 When the victorious Israelite army was returning home after David had killed the Philistine, women from all the towns of Israel came out to meet King Saul. They sang and danced for joy with tambourines and cymbals.

⁷ This was their song: “Saul has killed his thousands, and David his ten thousands!” ⁸ This made Saul very angry. “What’s this?” he said. “They credit David with ten thousands and me with only thousands. Next they’ll be making him their king!” ⁹ So from that time on Saul kept a jealous eye on David. (NLT)

2. Mean people hurt people

1 Samuel 18:10–11 The very next day a tormenting spirit from God overwhelmed Saul, and he began to rave in his house like a madman. David was playing the harp, as he did each day. But Saul had a spear in his hand, ¹¹ and he suddenly hurled it at David, intending to pin him to the wall. But David escaped him twice. (NLT)

1 Samuel 19:11 Then Saul sent troops to watch David’s house. They were told to kill David when he came out the next morning. But Michal, David’s wife, warned him, “If you don’t escape tonight, you will be dead by morning.” (NLT)

1. Be kind

1 Samuel 19:9–10 But one day when Saul was sitting at home, with spear in hand, the tormenting spirit from the Lord suddenly came upon him again. As David played his harp, ¹⁰ Saul hurled his spear at David. But David dodged out of the way, and leaving the spear stuck in the wall, he fled and escaped into the night. (NLT)

Luke 6:27–28 “But to you who are willing to listen, I say, love your enemies! Do good to those who hate you. ²⁸ Bless those who curse you. Pray for those who hurt you.” (NLT)

1 Samuel 24:3–6 At the place where the road passes some sheepfolds, Saul went into a cave to relieve himself. But as it happened, David and his men were hiding farther back in that very cave! ⁴ “Now’s your opportunity!” David’s men whispered to him.

“Today the Lord is telling you, ‘I will certainly put your enemy into your power, to do with as you wish.’ ” So David crept forward and cut off a piece of the hem of Saul’s robe. ⁵ But then David’s conscience began bothering him because he had cut Saul’s robe. ⁶ “The LORD knows I shouldn’t have done that to my lord the king,” he said to his men. “The LORD forbid that I should do this to my lord the king and attack the LORD’s anointed one, for the LORD himself has chosen him.” (NLT)

Romans 12:19 Dear friends, never take revenge. Leave that to the righteous anger of God. For the Scriptures say, “I will take revenge; I will pay them back,” says the LORD. (NLT)

2. Get help from godly friends

1 Samuel 20:1–4 David now fled from Naioth in Ramah and found Jonathan. “What have I done?” he exclaimed. “What is my crime? How have I offended your father that he is so determined to kill me?” ² “That’s not true!” Jonathan protested. “You’re not going to die. He always tells me everything he’s going to do, even the little things. I know my father wouldn’t hide something like this from me. It just isn’t so!” ³ Then David took an oath before Jonathan and said, “Your father knows perfectly well about our friendship, so he has said to himself, ‘I won’t tell Jonathan—why should I hurt him?’ But I swear to you that I am only a step away from death! I swear it by the Lord and by your own soul!” ⁴ “Tell me what I can do to help you,” Jonathan exclaimed. (NLT)

1 Samuel 23:15-17 One day near Horesh, David received the news that Saul was on the way to Ziph to search for him and kill him. ¹⁶ Jonathan went to find David and encouraged him to stay strong in his faith in God. ¹⁷ “Don’t be afraid,” Jonathan reassured him. “My father will never find you! You are going to be the king of Israel, and I will be next to you, as my father, Saul, is well aware.” (NLT)

3. Establish boundaries

1 Samuel 19:11–12 Then Saul sent troops to watch David’s house. They were told to kill David when he came out the next morning. But Michal, David’s wife, warned him, “If you don’t escape tonight, you will be dead by morning.” ¹² So she helped him climb out through a window, and he fled and escaped. (NLT)

1 Corinthians 5:11 I meant that you are not to associate with anyone who claims to be a believer yet indulges in sexual sin, or is greedy, or worships idols, or is abusive, or is a drunkard, or cheats people. Don’t even eat with such people. (NLT)

2 Thessalonians 3:6 And now, dear brothers and sisters, we give you this command in the name of our Lord Jesus Christ: Stay away from all believers who live idle lives and don't follow the tradition they received from us. (NLT)

Romans 16:17 And now I make one more appeal, my dear brothers and sisters. Watch out for people who cause divisions and upset people's faith by teaching things contrary to what you have been taught. Stay away from them. (NLT)

2 Timothy 3:5 They will act religious, but they will reject the power that could make them godly. Stay away from people like that! (NLT)

Matthew 19:4–5 “Haven't you read the Scriptures?” Jesus replied. “They record that from the beginning ‘God made them male and female.’”⁵ And he said, ‘This explains why a man leaves his father and mother and is joined to his wife, and the two are united into one.’” (NLT)

4. Lean on God

Psalm 18:1–3 I love you, LORD; you are my strength.² The LORD is my rock, my fortress, and my savior; my God is my rock, in whom I find protection. He is my shield, the power that saves me, and my place of safety.³ I called on the LORD, who is worthy of praise, and he saved me from my enemies. (NLT)

Psalm 18:1–3 I love you, LORD, my strength.² The LORD is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge, my shield and the horn of my salvation, my stronghold.³ I called to the LORD, who is worthy of praise, and I have been saved from my enemies. (NIV)